

## Checklist for Advance Directives

**These steps may be helpful to you as a reminder of things that might be good to check on as you plan and fill out the document:**

- I have talked with my agent and alternate agent, if any, about this document before appointing them and they understand my wishes.
- I have included my agent(s) addresses and phone numbers on the document or on an attachment which will be included with all copies.
- I have listed the people to whom I have given or plan to give copies.
- I have an extra copy for myself. (If either I or my agent makes additional copies for others to have, we will communicate this to each other when these copies are made and distributed.)
- My family and friends have been included in this process to the extent that I wish them to be involved or informed of my wishes.
- I have talked this over with my primary care physician and they understand my wishes.
- I understand that I should review this document every few years to make sure it still accurately expresses my wishes.