

Say It Out Loud

**TAKING
STEPS
VERMONT**

Who's Your Person? What's Your Plan?



Your Decisions Matter!

Join people across the country in making your future health care decisions known in 2019.

- ▲ An accident, injury or serious illness can happen to anyone at any time.
- ▲ Who will speak for you if you become unable to speak for yourself?
- ▲ Do your loved ones and your doctor know your health care values and priorities?

**National Health Care
Decisions Day
April 16**

**Vermont Advance
Directive Week
April 14 - 19**

**TAKING
STEPS
VERMONT**

To learn more about advance care planning, download advance directive forms or for more information visit www.TakingStepsVT.org or call us at (802) 828-2909.

**VERMONT
ETHICS
NETWORK**